

## Ha Ha Tonka State Park

### ISLAND TRAIL

Island Trail starts at the old mill site along Spring Trail. This rugged loop trail takes hikers past Balanced Rock; a large cylinder-shaped dolomite boulder sitting on one end. Walking this trail, hikers will catch two glimpses of old abandoned water pipe. This is all that remains of the pipe that carried water from the mill site to the water tower above.

The trail then takes hikers to the confluence of Ha Ha Tonka Spring and Lake of the Ozarks. Following the loop from here, hikers can walk along the spring channel to a small breached dam, where the spring water runs over large boulders. The trail continues to Island Cave, a small, gated, permit entry cave that is located on the north side of the island above the spring channel. For information on entry into Island Cave, visitors should contact the park office.

The loop then leads hikers around the rocky east and south sides of the island where they return to Spring Trail. Users can also access White Connectors 3 and 4 to shorten or enhance their hiking experience.

Island Trail was constructed in 1982 by park staff and volunteers.


**Distance:** 0.4 Mile


**Uses:**

Hiking 

**Blazes:**

Green 

White 3 

White 4 

**Class:** Loop

**Surface Type:** Natural

**Trail Rating:** Rugged

**Estimated Hiking Time:** 26 Minutes

**Trailhead & GPS Location:**

37.97436, -92.77173

**Elevation profile is not available**

**You may experience:**

2) Natural Surface-dirt/mud/gravel, shifting rock, slippery surface, etc.

3) Rocks, roots and/or downed vegetation on trail

6) Wood or stone steps

7) Steep grades and inclines more than 10%

8) Bluffs or drop-offs next to trail

9) Bridges and/or structural crossings

**This trail or a portion of this trail travels through:** Ha Ha Tonka Karst Natural Area



- RED
- ORANGE
- YELLOW
- GREEN
- BLUE
- BROWN
- WHITE CONNECTOR
- SHARED TREAD

- NATURAL
- GRAVEL
- PAVED
- WATER
- BOARDWALK

## TRAIL BLAZE COLORS & SURFACE TYPES

The maps on this website indicate the blaze colors for each trail. If more than one trail shares tread, that portion of the trail is identified by more than one color. The surface type of a trail is indicated on the maps generated by this website by a pattern overlapping the blaze color of the trail.

## TRAIL TYPE – Loop, Multi-loop, One Way, System or Multi-section

A **loop** trail is one that will return you to the trailhead. **Multi-loop** trails offer two or more separate loops, ex. a trail having a north and south loop. A **one-way** trail takes you from the trailhead to the farthest point on the trail and you will have to retrace your steps to return to the trailhead. If you plan to return to your starting point on a one-way trail, you will have to double the distance to calculate your estimated mileage and/or hiking time.

A **trail system** is a series of interconnected trails that allow you to choose your own route.

A **Multi-section** trail offers two or more separate sections, ex. Katy Trail State Park, and distances are shown both for the entire trail and the sections.

## YOU MAY EXPERIENCE

These conditions are all things you may encounter while on a Missouri state parks trail. Trailhead signs at the start of each trail also indicate which conditions exist on that trail.

- 1 Slippery conditions and/or downed vegetation
- 2 Natural surface: dirt, mud, gravel, shifting rocks, slippery surface, etc.
- 3 Rocks, roots and/or downed vegetation on trail
- 4 Low-hanging vegetation
- 5 Physically challenging obstacles
- 6 Wood or stone steps
- 7 Steep grades and inclines over 10%
- 8 Bluffs or drop-offs next to trail
- 9 Bridges and/or structural crossings
- 10 Water/stream crossings without bridges
- 11 Occasional water over trail
- 12 Road/Highway crossing
- 13 Emergency response signs
- 14 Narrow passages
- 15 Raised or protruding obstacles
- 16 Electric fence crossings
- 17 Bison/elk
- 18 Rapidly changing weather conditions
- 19 Motorized boat traffic
- 20 Unexpected waves
- 21 Changing water levels
- 22 Surface or submerged objects

## ESTIMATED HIKING TIME

The estimated hiking time was determined by considering the average user's speed and the conditions that might be experienced on a specific trail. Your speed may be slower or faster than the time listed.

## GPS COORDINATES

There are several methods of communicating GPS coordinates. Most GPS units will convert from one coordinate system to another. If you require a different coordinate system for your unit, visit [dnr.mo.gov/gisutils/](http://dnr.mo.gov/gisutils/) to convert the coordinates shown on this map to another version.















## NATURAL AREAS / WILD AREAS

**Natural areas** are identified in pink. Natural areas are recognized as the best remaining examples known of Missouri's original natural environments. These natural areas are managed and protected for their scientific, educational and historical values. Missouri state parks have 38 designated natural areas, encompassing almost 22,000 acres.



**Wild areas** are identified in brown. The Missouri Wild Area System is made up of large tracts of land set aside as wilderness, which make the perfect setting for hiking and backpacking. A wild area must be 1,000 or more acres in size, show little impact from humans, and possess outstanding opportunities for solitude. They are strictly protected for their wilderness benefits as well as for their use for environmental education and scientific study.



## TRAIL USE

-  Hiking Trail
-  Backpacking Trail
-  Mountain Biking Trail
-  Equestrian Trail
-  Accessible
-  Hardened-Surface Bicycling Trail
-  Paddling Trail
-  Off-Road Vehicle (ORV) Trail
-  Motorized Boating Trail
-  Wagon Suitable Trail
-  Interpretive Trail
-  Fitness Trail
-  Interpretive Water Trail
-  Wildlife Viewing Trail

## POINTS OF INTEREST

-  Main Park Entrance / Park Entrance
-  Trailhead
-  Parking
-  Trail Access
-  Overlook
-  Restroom
-  Camping
-  Special-Use Camping Area
-  Check Station / Park Office / Ranger Office
-  Visitor Center / Orientation Center
-  Emergency Response / First Aid
-  Picnicking
-  Playground
-  Technical Feature
-  Natural Feature
-  Cultural Feature
-  Amphitheater
-  Backpack Camping Shelter
-  Backpack Campsite
-  Boat Ramp
-  Dining
-  Equestrian Parking
-  Interpretive Panel
-  Interpretive Shelter
-  Intersection
-  Lodging / Cabin / Camper Cabin
-  Marina / Boat Dock
-  Nature Center
-  Organized Group Camp
-  Picnic Shelter
-  Recreation Feature
-  Skills Course
-  Stables
-  Store
-  Swimming
-  Telephone
-  Water Fountain
-  Water Access