MISSOURI TRAILS OF MISSOURI STATE PARKS

Rock Bridge Memorial State Park

SPRING BROOK TRAIL

Spring Brook Trail winds its way through woods and old fields and along small intermittent streams. Maples and sycamore trees grace the banks of Little Bonne Femme Creek, which is crossed twice. At the eastern crossing, a 100-foot bridge provides a dry crossing. The western crossing lacks a bridge a may require minor wading. During high water, it is not safe to cross.

White connector 5 is available to shorten the hike and white connector 4 is available for access to Sinkhole Trail. Spring Brook Trail also can be accessed at the Gans Creek Wild Area Trail System parking area although it is not a designated trailhead. The trail is suitable for mountain biking, which is permitted only when the trail is dry. The trail shares a section with Devil's Icebox and Deer Run trails.



Distance from Trailhead 1: 3.0 Miles

Uses:

Hiking 🕅 Mountain Biking 🖾

Blazes:

Red _____

White 5

Class: Loop

Surface Type: Natural

Trail Rating: Moderate

Estimated Hiking Time: 2 Hours, 14 Minutes

Trailhead & GPS Location:

1) 38.87313, -92.32622

2) 38.88066, -92.33368

Elevation profile is not available

You may experience:

2) Natural Surface-dirt/mud/gravel, shifting rock, slippery surface, etc.

- 3) Rocks, roots and/or downed vegetation on trail
- 7) Steep grades and inclines more than 10%
- 8) Bluffs or drop-offs next to trail
- 9) Bridges and/or structural crossings
- 10) Water/stream crossings without bridges
- 12) Road/highway crossing

This trail or a portion of this trail travels through: Gans Creek Wild Area

TRAILS OF MISSOURI STATE PARKS

	RED ORANGE YELLOW GREEN BLUE BROWN WHITE CONNECTOR SHARED TREAD
000	NATURAL GRAVEL PAVED WATER BOARDWALK

Slippery conditions and/or downed vegetation

2 Natural surface: dirt, mud, gravel, shifting rocks, slippery surface, etc.

3 Rocks, roots and/or downed vegetation on trail

- 4 Low-hanging vegetation **6** Physically challenging obstacles
- Wood or stone steps

• Steep grades and inclines over 10%

Bluffs or drop-offs next to trail

Bridges and/or structural crossings

• Water/stream crossings without bridges

Occasional water over trail

- Provide the second s
- Emergency response signs
- Narrow passages

Baised or protruding obstacles

- Electric fence crossings
- Bison/elk

 Rapidly changing weather conditions

Motorized boat traffic

Unexpected waves

Changing water levels

Surface or submerged objects

TRAIL BLAZE COLORS & SURFACE TYPES

The maps on this website indicate the blaze colors for each trail. If more than one trail shares tread, that portion of the trail is identified by more than one color. The surface type of a trail is indicated on the maps generated by this website by a pattern overlapping the blaze color of the trail.

TRAIL TYPE – Loop, Multi-loop, One Way, System or Multi-section A loop trail is one that will return you to the trailhead. Multi-loop trails offer two or more separate loops, ex, a trail having a north and south loop. A **one-way** trail takes you from the trailhead to the farthest point on the trail and you will have to retrace your steps to return to the trailhead. If you plan to return to your starting point on a one-way trail, you will have to double the distance to calculate your estimated mileage and/or hiking time.

A trail system is a series of interconnected trails that allow you to chose your own route.

A Multi-section trail offers two or more separate sections, ex. Katy Trail State Park, and distances are shown both for the entire trail and the sections.

YOU MAY EXPERIENCE

These conditions are all things you may encounter while on a Missouri state parks trail. Trailhead signs at the start of each trail also indicate which conditions exist on that trail.

ESTIMATED HIKING TIME

The estimated hiking time was determined by considering the average user's speed and the conditions that might be experienced on a specific trail. Your speed may be slower or faster than the time listed.

GPS COORDINATES

There are several methods of communicating GPS coordinates. Most GPS units will convert from one coordinate system to another. If you require a different coordinate system for your unit, visit dnr.mo.gov/gisutils/ to convert the coordinates shown on this map to another version.

NATURAL AREAS / WILD AREAS

Natural areas are identified in pink. Natural areas are recognized as the best remaining examples known of Missouri's original natural environments. These natural areas are managed and protected for their

scientific, educational and historical values. Missouri state parks have 38 designated natural areas, encompassing almost 22,000 acres.

Wild areas are identified in brown. The Missouri Wild Area System is made up of large tracts of land set aside as wilderness, which make the perfect setting for hiking and



backpacking. A wild area must be 1,000 or more acres in size, show little impact from humans, and possess outstanding opportunities for solitude. They are strictly protected for their wilderness benefits as well as for their use for environmental education and scientific study.

TRAIL USE

- Hiking Trail
- 1 Backpacking Trail
- 50 Mountain Biking Trail
- * Equestrian Trail
- Ŀ Accessible
- 50 Hardened-Surface Bicycling Trail ž Paddling Trail
- ~ Off-Road Vehicle (ORV) Trail
- -Motorized Boating Trail
- Wagon Suitable Trail
- \overline{k} Interpretive Trail
- \$ľ Fitness Trail
- (¥) Interpretive Water Trail
- Wildlife Viewing Trail Ä

POINTS OF INTEREST



Water Fountain Water Access

 $[\Box]$